

Menu Sample

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Choice of cereals, toast & Cooked Breakfast	Choice of cereals, toast & Cooked Breakfast	Choice of cereals, toast & Cooked Breakfast	Choice of cereals, toast & Cooked Breakfast	Choice of Cereals, toast & Cooked Breakfast	Choice of cereals, Toast & Cooked Breakfast	Choice of cereals, toast & Cooked Breakfast
LUNCH	Roast Pork, stuffing, apple sauce with creamed potatoes & 2 seasonal veg	Corned Beef Pie, Baked Beans & Chipped potatoes	Chicken Casserole with creamed potatoes and 2 seasonal veg	Boiled Ham & parsley sauce creamed potatoes and 2 seasonal veg	Liver bacon and onion casserole Sauté potatoes & 2 seasonal veg.	Cod in batter peas and chipped potatoes	Cheese and Potato Pie Bacon & tomatoes
LUNCH SOFT	Minced pork, creamed potatoes and pureed /soft seasonal veg	Corned Beef Hash & pureed/soft baked beans	Minced chicken creamed potatoes & pureed/soft seasonal veg. & gravy	Minced Ham, parsley sauce creamed potatoes & pureed/soft seasonal veg	Minced Liver & onion, creamed potatoes & pureed /soft seasonal veg & gravy	Cod in parsley sauce, creamed potatoes and pureed/soft peas	Cheese and potato pie and pureed/soft tomatoes
DESSERT	Jelly & ice cream	Mandarin oranges & cream	Fruit crumble & custard	Ice Cream & fruit sauce	Rice Pudding Baked with cream	Spotted Dick & custard	Chocolate Fudge cake and cream
DESSERT SOFT	Thick & Easy Jelly	Pureed/soft mandarins & cream	Pureed/soft fruit & custard	Mousse	Pureed rice pudding	Pureed/soft spotted dick & custard	Soft fudge cake & cream
TEA	Chicken soup, sandwiches Bubble & Squeak	Home made veg soup, Sandwiches Poached egg on toast	French onion soup, sandwiches Cheese on toast	Tomato soup, sandwiches Sausage Rolls	Oxtail soup. Sandwiches Cauliflower cheese	Home made veg. soup Sandwiches Quiche	Mushroom soup, Sandwiches Spaghetti on toast
TEA SOFT	Thickened Soup, Soaked sandwiches, pureed/soft bubble & squeak	Pureed/soft soup. Soaked sandwiches Scrambled eggs	Thickened soup, soaked sandwiches Cheese Pie	Thickened soup, soaked sandwiches Savory Frittata	Thickened soup, soaked sandwiches pureed/soft cauliflower cheese	Pureed/soft soup, soaked sandwiches omelette	Thickened soup, soaked sandwiches Spaghetti